

Tayside Nature Bingo



NOVEMBER

Here is a mix of visual, audio, tactile, culinary, movement and other ideas for you and your family to try out in nature this month. You can record the date of each activity. When foraging, make sure you only gather what you need and leave plenty on each plant. Share your completed bingo, observations, photos and videos #TayNatureBingo

<p>Go into a familiar place in deep fog. Recreate or draw the landscape based on what you hear Date __/__/__</p>	<p>Notice plants that continue to flower on the margins e.g. garden runaways or wild ones like common sowthistle Date __/__/__</p>	<p>Gather sloes and use as an addition to a smoothie or make sloe chutney. Recipe: search Wild Bushcraft Sloe Date __/__/__</p>	<p>Deduce the events based on mud prints: who walked there, at what pace and where were they going? Date __/__/__</p>
<p>Find trees with a contrasting outline e.g. soft edges of a willow and defined contours of an oak Date __/__/__</p>	<p>Count the number of different bird calls on your walk. Compare with a count at a different time of the day Date __/__/__</p>	<p>Find a place where leaves fall into the water. Stand still and observe the movement Date __/__/__</p>	<p>Go for a walk in the evening's darkness with a torch or lantern. Can you name any constellations? Date __/__/__</p>
<p>Find three types of lichen e.g. on an old stonewall or at a cemetery. Try to identify them Date __/__/__</p>	<p>Touch the bark of different types – smooth/peeling (birch) and ridged/plated (Scots pine) Date __/__/__</p>	<p>Gather rosehips and make a Swedish soup as a sweet afternoon treat. Recipe: Forager Nyponsoppa Date __/__/__</p>	<p>Watch the wind sway the Tay reedbeds. Keep an eye out for the bearded tit Date __/__/__</p>
<p>On a sunny day watch the last red admiral butterflies. Notice how the sun lights their wings like stained glass Date __/__/__</p>	<p>When in a forest, keep a lookout for red squirrels enjoying autumnal food Date __/__/__</p>	<p>Stand in the sun with your eyes closed and feel how your eyelids warm up Date __/__/__</p>	<p>Gather fallen pinecones, spread with peanut butter and cover in seeds to make a bird feeder Date __/__/__</p>

The [Nature Positive Global Goal](#) of halting and reversing nature loss plays a key role in helping address the climate emergency. When we reconnect with nature through simple actions, we develop an awareness and appreciation of nature and are more likely to take better care of it.