

Tayside Nature Bingo



Here is a mix of visual, audio, tactile, culinary, movement and other ideas for you and your family to try out in nature this month. You can record the date of each activity. When foraging, make sure you only gather what you need and leave plenty on each plant. Share your completed bingo, observations, photos and videos #TayNatureBingo

On a warm cloudy evening make a moth trap and learn who visits you. Search: Make Moth Light Trap Date __/__/__	Enjoy the strong scent of blossoming lilac Date __/__/__	Take part in No Mow May or encourage a friend and notice what you can hear in the absence of mowers Date __/__/__	Pick nettle leaves and substitute them for part of spinach in Green Spanakopita. Search: BBC Good Food Spanakopita Date __/__/__
Visit an orchard on a windy day and feel the feather-like touch of falling petals on your skin Date __/__/__	Pick elderflower and make a sorbet. Search: BBC Good Food Elderflower Sorbet Date __/__/__	Keep an ear out for swift screaming parties. Add your observations to SwiftMapper Date __/__/__	Notice the wildflowers growing in sunny carparks or between pavement tiles. What will you discover? Date __/__/__
If you can, eat a meal outdoors Date __/__/__	On a windy day blow on a bouquet of dandelions Date __/__/__	Find molehills and try to guess, in which direction the mole was going Date __/__/__	During Hedgehog Week clear up potential traps in your area. Search: British Hedgehogs Guide Date __/__/__
Try to locate blossoming hawthorn using its scent Date __/__/__	On a sunny day take part in a 10min pollinator count. Search: Pollinator Scheme Date __/__/__	Make a salad from young leaves of dandelion, ground elder and cleaves Date __/__/__	Notice the exotic notes of coconut and vanilla in the scent of gorse in blossom Date __/__/__

The [Nature Positive Global Goal](#) of halting and reversing nature loss plays a key role in helping address the climate emergency. When we reconnect with nature through simple actions, we develop an awareness and appreciation of nature and are more likely to take better care of it.