

Tayside Nature Bingo



Here is a mix of visual, audio, tactile, culinary, movement and other ideas for you and your family to try out in nature this month. You can record the date of each activity. When foraging, make sure you only gather what you need and leave plenty on each plant. Share your completed bingo, observations, photos and videos #TayNatureBingo

<p>Touch the hazel catkins and feel their grainy texture</p> <p>Date __/__/__</p>	<p>Install a bird nest box or clean an existing one. Search: Wildlife Trust clean nestboxes</p> <p>Date __/__/__</p>	<p>Make a Valentine's Day card using items found on a walk</p> <p>Date __/__/__</p>	<p>Take a magnifying glass or a pocket microscope and watch a water sample from a pond, stream or river. What will you see?</p> <p>Date __/__/__</p>
<p>Invite friends for a litter pick. Free kits in Perthshire: Litter picking PKC, Dundee Take Pride in Your City</p> <p>Date __/__/__</p>	<p>Find a frozen puddle and skate on the right and then the left leg. Can you balance better on one of them?</p> <p>Date __/__/__</p>	<p>Draw a map of nature memories: mark places of interesting nature encounters, a garden of friends who share seeds etc.</p> <p>Date __/__/__</p>	<p>Keep an eye on ponds and shallow water reservoirs for the first frogspawn</p> <p>Date __/__/__</p>
<p>Share the love: take part in a Valentine's Day bingo or event run by a local animal shelter</p> <p>Date __/__/__</p>	<p>Watch oak branches to see if you can spot insect galls</p> <p>Date __/__/__</p>	<p>Join the group recording nature observations. In the iNaturalist app search for Tayside's Local Patch</p> <p>Date __/__/__</p>	<p>On a cloudy day find your inner artist and see how many different shades of blue and grey you see</p> <p>Date __/__/__</p>
<p>Enjoy the cloudless evenings to observe plants with a naked eye</p> <p>Date __/__/__</p>	<p>Observe which animals come to visit a freshly turned field: insects, birds, deer?</p> <p>Date __/__/__</p>	<p>Forage young leaves of chickweed and use in an omelette</p> <p>Date __/__/__</p>	<p>Feast your eyes on the colours of butterflies and moths attracted to the first flowers</p> <p>Date __/__/__</p>

The [Nature Positive Global Goal](#) of halting and reversing nature loss plays a key role in helping address the climate emergency. When we reconnect with nature through simple actions, we develop an awareness and appreciation of nature and are more likely to take better care of it.