

Tayside Nature Bingo



Here is a mix of visual, audio, tactile, culinary, movement and other ideas for you and your family to try out in nature this month. You can record the date of each activity. When foraging, make sure you only gather what you need and leave plenty on each plant. Share your completed bingo, observations, photos and videos #TayNatureBingo

<p>Listen to the crunch as you walk on frost-covered grass. Compare it to the hardness of frozen soil Date __/__/__</p>	<p>Gather young willow rods and plant an arch or weave a simple hanging basket to use for spring planting Date __/__/__</p>	<p>On frosty days put a shallow dish of water outside for birds to drink Date __/__/__</p>	<p>Find a frost-covered leaf and notice how the white highlights the veins. Are they symmetrical? Date __/__/__</p>
<p>Plan your spring planting and visit a seed library in Perth or the Central Library in Dundee Date __/__/__</p>	<p>On a sunny day feast your eyes on the sparkling of ice crystals on frost-covered grass Date __/__/__</p>	<p>On a frosty day look out for a piece of frozen rotting wood and you might be lucky to see hair ice Date __/__/__</p>	<p>Keep an eye on the patch where snowdrops grow so as not to miss when they start to bloom Date __/__/__</p>
<p>Use a frost-covered surface for writing or drawing with a stick Date __/__/__</p>	<p>Map the types of lichen in your area to assess your air quality. You can use an app or pdf guide Date __/__/__</p>	<p>Notice the colours of young tree branches: red on birch, yellow on ash and green on willow Date __/__/__</p>	<p>Use the bare winter garden to assess if wildlife would benefit from a safe nature corridor Date __/__/__</p>
<p>Bring a fallen pine branch from a walk – enjoy the scent and then boil the needles and add the infusion to your bath Date __/__/__</p>	<p>Support a local animal shelter e.g. by collecting used newspapers for hedgehogs Hogscroft Hedgehog Rescue Date __/__/__</p>	<p>Forage young leaves of winter cress, wash, chop and add to a coleslaw Date __/__/__</p>	<p>When winter pruning, leave a log or stick pile for wildlife to use Date __/__/__</p>

The [Nature Positive Global Goal](#) of halting and reversing nature loss plays a key role in helping address the climate emergency. When we reconnect with nature through simple actions, we develop an awareness and appreciation of nature and are more likely to take better care of it.