

Tayside Nature Bingo



Here is a mix of visual, audio, tactile, culinary, movement and other ideas for you and your family to try out in nature this month. You can record the date of each activity. When foraging, make sure you only gather what you need and leave plenty on each plant. Share your completed bingo, observations, photos and videos #TayNatureBingo

<p>Watch the joyous sparrow bath in a puddle or shallow stream</p> <p>Date __/__/__</p>	<p>Smell daffodils and try to notice their ginger scent</p> <p>Date __/__/__</p>	<p>Join the Earth Hour and while having your lights off, reflect on how you can help nature this month</p> <p>Date __/__/__</p>	<p>Try to identify new bird nests during a walk. Search RSPB Guide to Bird Nests</p> <p>Date __/__/__</p>
<p>After a spring rain become a rainbow hunter</p> <p>Date __/__/__</p>	<p>Find young nettle leaves and use them to cook a nettle risotto. Search for the recipe: Wild Food Nettle risotto</p> <p>Date __/__/__</p>	<p>Enjoy the sound of bees searching for spring flowers</p> <p>Date __/__/__</p>	<p>Appreciate the spiral shape of unfurling leaves e.g. of hawthorn</p> <p>Date __/__/__</p>
<p>Following a rainy day, notice different snail species. Search NatureScot Snails</p> <p>Date __/__/__</p>	<p>Before starting to tidy up your garden for spring, wait until temperatures are consistently above 10° C</p> <p>Date __/__/__</p>	<p>Forage leaves and stems of ground ivy and use as you would parsley e.g. to scatter on a soup</p> <p>Date __/__/__</p>	<p>If pruning, use healthy branches to prepare a wildlife shelter near a pond for newts and other amphibians</p> <p>Date __/__/__</p>
<p>Notice the insects drawn to willow catkins. How many species can you count?</p> <p>Date __/__/__</p>	<p>Smell the first daisy flowers. How would you describe their scent to someone who has never noticed it?</p> <p>Date __/__/__</p>	<p>Celebrate the World Book Day with a nature-themed book. For inspiration search Goodreads Nature books</p> <p>Date __/__/__</p>	<p>Feel the softness of cottony fluff of cattail seeds dispersed by the wind</p> <p>Date __/__/__</p>

The [Nature Positive Global Goal](#) of halting and reversing nature loss plays a key role in helping address the climate emergency. When we reconnect with nature through simple actions, we develop an awareness and appreciation of nature and are more likely to take better care of it.



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